

100% 

UNIVERSITY OF
Baguio

WELCOME GUIDE

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University of Baguio

Since its founding on August 8, 1948 as the Baguio Technical and Commercial Institute (popularly known as Baguio Tech), the University of Baguio has grown and dedicated itself to be a delivering institution of quality, relevant, and inclusive programs that are at par with the world's demands and current challenges.

Located in Baguio City, dubbed as the Summer Capital of the Philippines, the university is nestled in the crossroads of Northern Philippines. Our students, alumni, faculty, and staff have and are continually excelling and gaining recognition in various pursuits in local and international landscapes. For excellence and dedication to various endeavors, from academics to athletics, research and innovation to outreach and student development, the **UNIVERSITY OF BAGUIO** is the place to be.



The university's reach is both local and international

UNIVERSITY OF
Baguio



THE UNIVERSITY OF BAGUIO

is committed to building and strengthening a university-wide culture of diversity, inclusion, and equality



OUR UNDERGRADUATE AND GRADUATE-LEVEL PROGRAMS
are patronized by up-and-coming scholars from all walks of life from every continent of the world.

THE UNIVERSITY OF BAGUIO

preserves, expands, and disseminates knowledge in the



natural, nursing, and dental sciences

ENROLL



information technology

ENROLL



language, humanities and the arts, social sciences

ENROLL



educational studies

ENROLL



criminal justice and public safety

ENROLL



business and administration

ENROLL



engineering and architecture

ENROLL

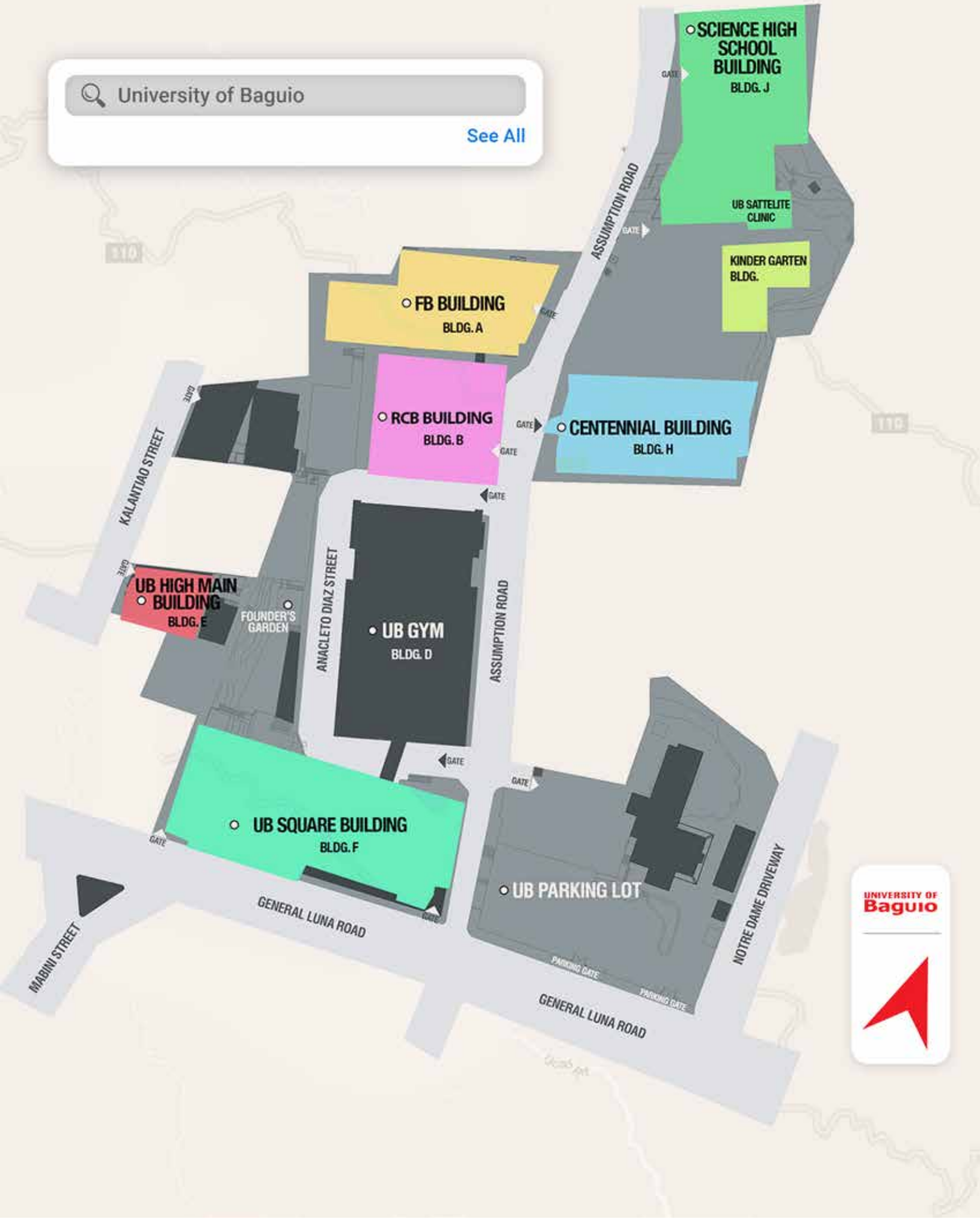
while embracing a philosophy of learning that is robustly rooted to the theoretical tradition, innovation, application, and prosperity of these disciplines.



The University of Baguio raises empowered professionals in a continually evolving global community.

 University of Baguio

See All



UNIVERSITY OF
Baguio



UNDERSTANDING UB SECTIONS

The section tells what school offered that course or subject. These are the first letters of every section in the University of Baguio and its corresponding school.

- **A** = School of Business Administration and Accountancy
- **B** = School of Criminal Justice and Public Safety
- **C** = School of Dentistry
- **D** = School of Teacher Education and Liberal Arts
(Teacher Education track)
- **E** = School of Engineering and Architecture
- **H** = School of International Hospitality and Tourism Management
- **I** = School of Information Technology
- **J** = School of Law
- **K** = School of Teacher Education and Liberal Arts (Liberal Arts track)
- **L** = School of Natural Sciences
- **N** = School of Nursing

H203

H > Building

The University of Baguio's buildings for college students are A, B, C, D, F, and H. H refers to the Centennial Building.

2 > Floor Number

03 > Room Number

In some instances, classrooms in the basement are determined by a second letter. A is the first basement, B is the second basement, and so on. Therefore, AD01 means your classroom is Room 01 in the fourth basement of A Building.

TBA means To Be Announced.

The University of Baguio has three libraries: the Main Library at A Bldg, the Centennial Library, and the Extension Library at the F Bldg.

There are two audiovisual rooms in the University of Baguio: the Main AVR below the Cardinal's Gym at the D Bldg, and the Centennial AVR right at the entrance of the Centennial Bldg.

The University of Baguio started groundbreaking for a new building at the old site of the UB High School. To be called the Legacy Building, this multistoried building is eyed to house the growing UB Senior High School department, as well as new laboratories, student lounge, and basketball court, and offices.

Nestled in the Cordillera ranges of Northern Luzon, Baguio City is known for various monikers, each encapsulating and vibrantly symbolizing how the city is known to its many guests, locals, and our University of Baguio students from different parts of the country and the world who slowly embraced the multicultural facets and local color and practices of Baguio City and our neighboring municipalities and provinces.

Inducted to the UNESCO Creative Cities Network for Crafts and Folk Art, Baguio City is every part exciting, enticing, and entertaining. The Panagbenga Flower Festival is a platform for various artisans and indigenous peoples groups to convene and showcase their creativity and culture. Food, dances, songs, and local trade come together in a week of joyful vibe that attracts locals and visitors alike to this historical city.

Our students at the University of Baguio hail from nearby towns and provinces and different regions of the world, most notably from South Korea, Japan, Thailand, Jordan, Saudi Arabia, and Sudan, among others. As a melting pot in Northern Luzon, the University of Baguio is also the crossroads for cultures where students from various walks of life and context come together to study, excel and build their careers and future.

 **BAGUIO****+ myList**



universityofbaguio

Message



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3 following

University of Baguio

College & University

SBAA

School of Business Administration & Accountancy



PROGRAMS OFFERED

- Bachelor of Science in Accountancy
- Bachelor of Science in Business Administration
- Majors: Financial Management, Human Resource Development, Marketing Management, Operations Management

SCJPS

School of Criminal Justice & Public Safety



PROGRAMS OFFERED

- Bachelor of Science in Criminology
- Bachelor of Forensic Science

SD

School of Dentistry



PROGRAMS OFFERED

- Doctor of Dental Medicine

SEA

School of Business Administration & Accountancy



PROGRAMS OFFERED

- Bachelor of Engineering Technology major in Mechatronics
- Bachelor of Science in Architecture
- Bachelor of Science in Civil Engineering
- Bachelor of Science in Electronics Engineering
- Bachelor of Science in Environmental & Sanitary Engineering

SIHTM

School of International Hospitality & Tourism Management



PROGRAMS OFFERED

- Bachelor of Science in Hospitality Management with Specialization in International and Business Operations (BSHM-IHBO)
- Bachelor of Science in Hospitality Management with Specialization in Professional Culinary Arts (BSHM-PCA)
- Bachelor of Science in Hospitality Management with Specialization in International Tourism (BSTM-IT)
- Associate of Arts in Culinary Arts and Catering Operations (AACACO)
- Associate of Arts in Food and Beverage Operations (AAFBO)

SIT

School of Information Technology



PROGRAMS OFFERED

- Bachelor of Science in Computer Engineering
- Bachelor of Science in Computer Science
- Bachelor of Science in Information Technology



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University of Baguio

College & University

SOL
School of Law



PROGRAMS OFFERED
• Juris Doctor (Non-Thesis)

SNS
School of Natural Sciences



PROGRAMS OFFERED
• Bachelor of Science in Medical Laboratory Science
• Bachelor of Science in Physical Therapy

SON
School of Nursing



PROGRAMS OFFERED
• Bachelor of Science in Nursing
• Health Care Services NC II

STELA
School of Teacher Education & Liberal Arts



PROGRAMS OFFERED
• Bachelor of Arts in Communication
• Bachelor of Arts in English Language
• Bachelor of Arts in Music
• Bachelor of Arts in Political Science
• Bachelor of Science in Psychology
• Bachelor of Elementary Education
• Bachelor of Secondary Education
majors: English, Filipino, Mathematics,
& Social Studies
• Bachelor of Physical Education

GRADUATE SCHOOL



PROGRAMS OFFERED
• Doctorate Degree
#DBA #PhDCrim #PhD #Ed.D
• Masters Degree
#MaEng #MAEd #MAEDFilipino
#MBA #MCDRRM #MDE #MPA #MSCRIM

BASIC EDUCATION



PROGRAMS OFFERED
• UB Laboratory Elementary School
• UB High School
• Science High School

NAVIGATING YOUR ONLINE STUDENT LIFE



LEARNING MANAGEMENT SYSTEM OR LMS

28K



SHARE

SAVE



as it is popularly known, is a term that is gaining more prominence with the rise of online courses.

SUSCRIBE



Through a LMS, instructors can offer their courses and online classes. By accessing the platform, students have access to the material and other resources that support learning, such as chats to discuss the content. Distance Learning tool, the main goal of a Learning Management System is make teaching and learning online possible.

At the University of Baguio, what LMS are commonly used? Here they are, and these are also downloadable to your devices, on iOS or Android!

OTHER APPS ≡



KHAN ACADEMY

The Khan Academy is a non-profit educational organization that provides free video tutorials and interactive exercises.



POCKET

Pocket gives you a place to save the articles and videos you want to get to eventually, but can't spend time on right now. It can be used offline.



DROPBOX

Dropbox lets anyone upload and transfer files to the cloud, and share them with anyone. Back up and sync docs, photos, videos, and other files, too.



00:00

CANVAS

This is the University of Baguio's main LMS. The Canvas platform offers complete LMS functionality for online learning including standards-based grade books, customizable student assessments, course content authoring, and mobile communication. Modules can be organized and assigned to make it easier for students to use and read.



00:00

ZOOM

Zoom is a video conferencing platform that can be used through a computer desktop or mobile app, and allows students to connect online for video conference or online classes. Instructors may share a recurring meeting, and it has one same link and passcode to be used for the entire semester.



00:00

GOOGLE MEET

Meet is also included by default on the Google Chrome apps panel if you have G Suite. Beyond meeting customizations, Google Meet is now also free to use for everyone. You may also use virtual backgrounds in this app if you want to cover your background.



00:00

GOOGLE CLASSROOM

Classroom is a free service for schools, non-profits, and anyone with a personal Google account. Using a code to enroll in a class, this is a very accessible and user-friendly tool for just about any project: discussions, document submissions, and even link responses.



00:00

MESSENGER

More commonly used for friendly chats, Facebook Messenger is effortless for teachers to send important announcements and updates about the class. It is real-time and more accessible, so it is easy to use, and alerts the teachers if the announcements is "seen" or "read".



00:00

GOOGLE DRIVE

Save and store all of your documents online so that your work will be safe if your laptop crashes. You can also work offline and collaborate on a document with your classmates. You may also upload large and multiple files here, and share the link with your classmates or instructors.



00:00

YOUTUBE

Since visuals are more effective for our minds as learners, YouTube as used in education is more potent than any other resource. Several important groups or organizations have YouTube accounts and their videos help us learn and supplement our modules. Instructor favorites include TED Talks and vlogs.

It gets better.

10 WAYS TO PROTECT YOUR MENTAL HEALTH ONLINE AND OFF

Did you know that 1 in 5 students say that the COVID-19 has significantly worsened their mental health? In the college level, 80% of college students shared that they feel their mental health negatively impacted by the pandemic. We must be vigilant together to get better.

The University of Baguio's campaign for mental health has been going on for many years now. Launched in 2016 by the Media Affairs and Publications department, the "It Gets Better" campaign has been picked up by the Office of Student Affairs, the Center for Counselling and Student Development, the different schools, and the Mister and Miss University of Baguio candidates as a year-round, continuous project to campaign for mental health and help provide an avenue for accepting depression and building healthy ways to understand and deal with it in the university.



Set a timer or use an app to limit your screen exposure. Synchronous classes are set on window schedule. Use it smartly.



Choose affirming communities. Limit following larger-than-life content and social media influencers that make you feel less. Remember: the reality behind the images may be more complicated.



Spend more quality time with your family or pets at home. Embark on a personal project or hobby to occupy you through your downtimes. Keep busy.



Engage in healthy discussions with friends online. Find a good support system and stick to it. It may mean short dialogues with friends or classmates online that may yield stronger relationships.



There is no magic cure to make anxiety go away. If you must, seek professional help or a counsellor's assistance.



Maintain some of the routines you had before the pandemic. Take that early shower to start your day. Eat lunch on a specific hour. Take a nap at 3pm. Close that laptop at 5pm.



Join mental health groups on social media. Some support groups are free and very friendly. You may also join webinars and online sessions where support tips are shared.



Choose an open space for communication, not a rant avenue. It is easy to opt to express anger anytime, but you do not want to regret what bad thing you said in a few seconds for the rest of your life. Maintain a journal, open up to a trusted friend, or write a diary entry.



Reward yourself, too. Cliché as it is, take a break and celebrate small victories. Watch a serial episode to close a day well done or enjoy a sandwich for finishing a report. Rewards don't have to be fancy. If you do what relaxes you, you're already on vacation mode, even for a few hours.



Remember that mental illness, depression, and anxiety are not perpetual. They may come to us in different times or intervals. It is important that we open ourselves to finding healthy ways to deal with these when we experience them, and know that these do not define all our days.



DIGITAL *Academics*

Get more out of your
virtual classes!

GOOD PREP YIELDS GREAT RESULTS!

- Prepare a good timetable. Set your schedule on an Excel file for your classes and breaks.
- Make sure to have read your module and watched assigned videos on schedule.
- Annotate as you read. Invest in highlighters and a notebook for notes!
- Get help. Form a GC with classmates for small-group discussions, or list questions you may ask your instructor during the synchronous sessions.

BE SMART, BE ACTIVE!

- Read and explore additional materials. Instructors will always give what is essential, but that should not stop you from looking up for more related materials and ideas.
- Find patterns, themes, and overarching concepts.
- Learn the language. Make a vocabulary list of important ideas for your field or degree. You will use these at work and in discussions as you advance through your academic career.

TAKE THE MOST FROM CLASS TIME!

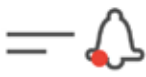
- Set aside distractions during synchronous sessions. Turn off notifications or go on Airplane Mode if you can.
- Sarcasm and jokes may easily be misinterpreted in GCs or in chats online. Refrain from these. Be polite when dealing with classmates, instructors, and others online.
- Use body language and comments to show understanding. Reply with a "Yes, Ma'am/Sir" in the chat section of Zoom or Google Meet. Your teachers will appreciate these.

CHECK YOUR TECH!

- Always ensure you follow the prescribed template or assigned format. Submissions are reliant on instructions. Follow these. Do not assume. When in doubt, ask your classmates and instructor.
- Have a back-up plan in case your internet connection gets disrupted. If you have no other options available, let your instructor know via email or Messenger.
- Consult your local paper for news of power interruptions. BENECO and other power providers also post on Facebook about unannounced or sudden interruptions. You may share these screenshots or announcements with your instructor as proof.

We are stronger than this pandemic.
The world is in a standstill, but we must
still pursue our goals! Here is how you
can maximize your online learning
and classes!





#NewNormal in the University of Baguio

NAVIGATING THROUGH THE UNIVERSITY WITH LIMITED FACE-TO-FACE DELIVERY

As our partners in education, your safety is our priority. In our unified vision to heal and rebuild as one through this situation, the university has imposed practices and modes we can follow for a smooth process inside the university. Let us see how we can navigate through the university safely.

Before leaving for school, check yourself for the following



- 1 Assess your health conditions before leaving home. No symptomatic indicators, then you are ready.
- 2 Invest in a personal hygiene kit you can carry always. The basic elements include disposable gloves, extra disposable or washable mask, disposable wipes or facial tissue, alcohol-based hand sanitizers, or isopropyl alcohol. You may place these in a mesh or washable kit, or in a clean, reusable Ziploc.
- 3 Pack your meal or snacks to bring to the university. Stash pre-packed food, bottled drinks, or healthy snacks in your bag for convenience.
- 4 Always wear a mask. Clean your hands and strap on a mask. Place the straps behind your head or ears, then adjust the mask to cover your mouth, nose, and chin, leaving no gaps on the sides. Do not forget to wear your face shields, too.

Now that you have departed from your home, what should you do to enter the university?



1

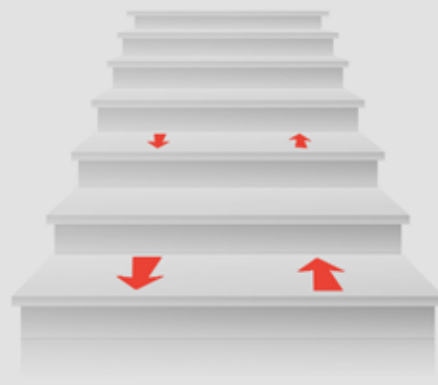
Fall in line and maintain social distancing. Step on the sanitizing footbath mat, scan your temperature, and use the sanitizing stations at every entry point of university buildings.

2

You may opt to fill out the contact tracing form. We advise you to use your own pen when accomplishing this. You may also scan your temperature and download the StaySafe app on your Android or iPhone and scan the StaySafe.PH QR code.

Take these to heart when you take the stairs.

When using the stairs, always follow the guiding arrows attached or painted on the floor. These are prominent in the university, and these help guide your easy mobility while navigating through the campus. If in doubt and in rare cases where arrows are nowhere in sight, the main rule is to always keep right. Observe social distancing, and do not run.





When going to the library, the following considerations must be remembered.

- 1 Use the hand sanitizer or alcohol dispenser by the entrance. Log in your name and information using the library pen, or your own.
- 2 The librarian will stand behind clear partitions to assist you.
- 3 You may use the library's online public access catalog or OPAC for the reference material you need. Take your turns patiently and at a distance when waiting to use the library resources. Show your written OPAC information to the librarian for easier reference and access.
- 4 Maintain the 1.5-meter social distancing protocol as demonstrated by the arranged seating. Do not move these seats at any time.
- 5 Use the exit points designated. You may also utilize the foot-controlled alcohol and hand sanitizer before exiting.

In the dining area or canteen, the following protocols must always be observed.



- 1 Sit on either side of the clear partition fastened to the table. You may remove your masks when you dine, and these partitions provide extra precautions for when you are conversing with your company.
- 2 It is essential that you do adhere to the allowed table capacity. Do not stay in the dining area for too long.
- 3 Observe the clean-as-you-go policy. Clean the table you used with a wet wipe or clean tissue and sanitize it with isopropyl or ethyl alcohol.
- 4 After your scheduled classes, always leave on time and place your PPE in a Ziploc or paper bag for sanitation and keep these safely in your assigned locker.
- 5 Always pay attention to signages wherever you are. Signages are your guide and reminders throughout your stay in the campus, and these must always be followed.

Health experts, school officials and staff, and instructors are all working hard to make sure our university is safe. To help prevent the spread of coronavirus, the University of Baguio limit class sizes, stagger schedules, and offer online or remote learning. We require everyone to wear masks, maintain social distancing, and take other precautions. Welcome, and we look forward to learning with you here at the University of Baguio!



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